

# Diabetic Eye Disease

*Finding and treating eye problems early can help save your sight.*

*Tell your eye doctor about any eye problems you're having.*

**Diabetic eye disease** (also called diabetic retinopathy) is a serious problem that can lead to loss of sight.

## Signs that you may have eye problems

- ⇒ blurred vision or seeing spots
- ⇒ seeing rings around lights, dark spots, or flashing lights
- ⇒ pain in your eyes

## What can I do?

- Keeping your blood sugar normal can prevent or delay eye disease.
- Keeping your blood pressure under control is also important.

**Visit your eye doctor at least once a year!**